



Making of Us Navy Seals : The Making of Us Navy Seals

By John Carl Roat

Random House USA Inc, United States, 2000. Paperback. Book Condition: New. Ballentine ed. 173 x 107 mm. Language: English . Brand New Book. quote;Throughout training I kept having the thought, WELL, ALL THEY CAN DO IS KILL ME. It seemed to help.quote; SEALs are the world s toughest soldiers. Working in squads and platoons that make up SEAL teams, they are trained in everything from underwater demolition to high-altitude parachute drops. Now John Carl Roat, graduate of Class-29, one of the earliest SEAL training classes, has written the only book devoted to the training of that exclusive warrior force. With unflinching honesty, Roat describes the brutal six-month program that took young men well beyond the endurance limits even of gifted athletes and created warriors who could proudly take their places in the teams. It was a program so demanding that by the end of Hell Week, the third week of the course, the original class of one hundred and thirty-four physically fit young men had been sliced to sixty-two. After retelling his own class s experience, Roat visits today s SEAL program and reveals how the program has changed over the last thirty-five years to include more classroom training and...



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Reviews

These kinds of ebook is almost everything and got me to seeking ahead of time plus more. It really is filled with wisdom and knowledge I discovered this book from my i and dad advised this publication to learn.

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Without doubt, this is actually the very best function by any article writer. it was writtern quite flawlessly and valuable. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Prof. Isobel Heller MD