



## The Blue Sapphire of the Mind: Notes for a Contemplative Ecology

By Douglas E Christie

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. There are no unsacred places, the poet Wendell Berry has written. There are only sacred places and desecrated places. What might it mean to behold the world with such depth and feeling that it is no longer possible to imagine it as something separate from ourselves, or to live without regard for its well-being? To understand the work of seeing things as an utterly involving moral and spiritual act? Such questions have long occupied the center of contemplative spiritual traditions. In *The Blue Sapphire of the Mind*, Douglas E. Christie proposes a distinctively contemplative approach to ecological thought and practice that can help restore our sense of the earth as a sacred place. Drawing on the insights of the early Christian monastics as well as the ecological writings of Henry David Thoreau, Aldo Leopold, Annie Dillard, and many others, Christie argues that, at the most basic level, it is the quality of our attention to the natural world that must change if we are to learn how to live in a sustainable relationship with other living organisms and with one another. He notes that in this...



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