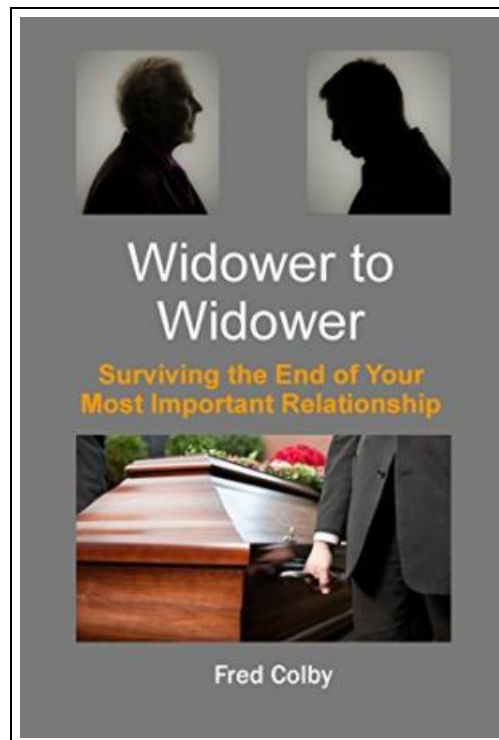


## Widower to Widower: Surviving the End of Your Most Important Relationship (Paperback)



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*Totally one of the better publication I have actually read through. It really is rally fascinating throug studying time period. Its been printed in an extremely simple way and is particularly just following i finished reading through this ebook in which basically modified me, modify the way i think.*

*(Mrs. Maudie Weimann)*

## WIDOWER TO WIDOWER: SURVIVING THE END OF YOUR MOST IMPORTANT RELATIONSHIP (PAPERBACK)



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Fred Colby, Author, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.If you or a friend are now, or soon will be, a new widower. this book is written for you. The physical, emotional and psychological pain are greater than you can imagine. A widower may well think that they are going crazy. Their judgement is distorted, their social filters can be absent, and nights are often sleepless delusional times from which there is no escape. Widower to Widower is written to provide widowers with the help they so desperately need during their grieving process. It is a resource to therapists (who want to help these men), to friends and family of a widower (to better understand what he is going through), and to women who have befriended a widower so they can make better decisions about their relationship with him. Reviews Fred Colby's book, *Widower to Widower*, explores the often overlooked or minimized expression of male grief. With courage and honesty, Fred shares his experiences as he navigates the grief process following the death of his wife. With a straight-forward voice and clear writing style, Fred provides insight from his personal journey to provide education, understanding and comfort to other men who are grieving. This book is an essential tool for grief counselors as well as their male clients. Mia Towbin, MS, LMFT - Grief Counselor For any man who has suffered, either recently or not so recently, the death of his beloved wife, Fred Colby's book is essential reading. With refreshing vulnerability and openness, Colby shares the ups and downs of what he went through, while honoring what's unique in each man's experience. As a fellow widower, I give this book my highest recommendation. Robert Devereaux,...



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