



Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls

By Strahan, Kathy

Three Rivers Press, 2001. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Contents Acknowledgments Introduction 1. So You Want to Be a Coach Role of the Coach Time Commitment Leadership Coaching Style Liability 2. Strategies for Coaching the Young Female Athlete Effective Communication Effective Teaching Team Discipline Motivating Athletes Being a Good Role Model 3. Coaching Girls How Girls and Boys Play Sports Physical Differences Between Boys and Girls Psychological Differences Between Boys and Girls Serious Issues in Softball Today Sexual Harassment 4. Softball Basics Equipment Position Play Choosing a Support Staff The Game 5. The How-To's of Individual Defensive Play How to Throw How to Catch How to Field Ground Balls How to Field Fly Balls How to Pitch How to Catch a Pitch 6. The How-To's of Individual Offensive Play How to Bat How to Bunt How to Run the Bases How to Slide 7. Offensive Strategies in Team Play How to Use Offensive Team Strategies How to Communicate Through Signs and Signals 8. Defensive Strategies in Team Play How to Execute Basic Defensive Situations How to Run the Transition Game How to Execute the Bunt Defense How to Execute the Double...



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Reviews

Basically no phrases to clarify. It really is written in straightforward phrases rather than hard to understand. You will not sense monotony at any moment of your own time (that's what catalogues are for concerning if you ask me).

-- Doris Beier

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