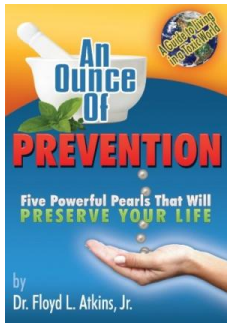


Get Doc

## AN OUNCE OF PREVENTION: FIVE POWERFUL PEARLS THAT WILL PRESERVE YOUR LIFE



Center for Wellness & Healing. Paperback. Condition: New. 206 pages. Dimensions: 9.9in. x 7.0in. x 0.5in. Today's world is a maze of potential health challenges and environmental pitfalls brought on by poor food and poor lifestyle choices. We live in a toxic world that manifests in our lives as chronic conditions such as: hypertension, diabetes, heart disease, autoimmune disorders, digestive disorders, anxiety and depression just to name a few. This book is a guide to prevention - an anti-disease guide -...

**Download PDF An Ounce of Prevention: Five Powerful Pearls That Will Preserve Your Life**

- Authored by Dr. Floyd L. Atkins Jr.
- Released at -



Filesize: 7.95 MB

### Reviews

*This published pdf is fantastic. Sure, it really is enjoy, continue to an amazing and interesting literature. I found out this publication from my dad and i suggested this pdf to learn.*

-- **Burdette Buckridge**

*This publication will not be easy to get going on reading but really exciting to read through. it was writtern really perfectly and beneficial. I found out this pdf from my i and dad suggested this publication to find out.*

-- **Garrett Adams**

*This publication is worth acquiring. It is actually full of knowledge and wisdom You are going to like the way the blogger publish this book.*

-- **Prof. Stanley Hermiston**