



## Warrior: A Memoir (Hardback)

By Theresa Larson, Alan Eisenstock

HarperOne, United States, 2016. Hardback. Book Condition: New. 234 x 157 mm. Language: English . Brand New Book. In this inspiring memoir, a former female Marine platoon leader recalls the wars she has fought on the playing field, the battlefield, and inside her own soul revealing how overcoming the harrowing circumstances in her life helped her ultimately redefine what it means to be strong and what perfect really is. Theresa Larson has lived multiple lives. At ten she was a caregiver to her dying mother. As an adolescent, an All-Star high school, college, and professional softball player. As a young adult, a fitness competition winner, beauty pageant contestant, and model. And as a grown woman, a high-achieving Lieutenant in the Marines, in charge of an entire platoon while deployed in Iraq. Meanwhile, Theresa was battling bulimia nervosa, an internal struggle which ultimately cut short her military service when she was voluntarily evacuated from combat. Theresa's journey to wellness required the bravery to ask for help, to take care of herself first, and abandon the idea of perfect. In Warrior, she lays bare all of these lives in intimate and vivid detail, examining extremely personal and sometime painful moments and how, by...



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