



My Daddy is a Pretzel (New edition)

By Baron Baptiste, Sophie Fatus

Barefoot Books Ltd. Paperback. Book Condition: new. BRAND NEW, My Daddy is a Pretzel (New edition), Baron Baptiste, Sophie Fatus, The hit yoga book from Baron Baptiste is now available in paperback! Yoga is not just about tying yourself up in knots, pretzel-style, it's about stretching your mind as well as your body, discovering who you really are, achieving your full potential - and having fun along the way! Especially created for parents and kids to share, but equally suitable for adults and older children to use alone, "My Daddy is a Pretzel" is for yogis of all ages, shapes and sizes. Featured on BBC's Blue Peter.



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