



Freedom Fighters

By Mrs Amanda Maria Riley

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Freedom from addiction or habits that enslave us is not a moment of accomplishment but a battle fought every day. From this perspective, Freedom Fighters enlists readers in boot camp. A series of training exercises with Bible quotes and Christian reflections strengthens the reader providing a new perspective, a greater awareness of the patterns leading to addiction, a deeper understanding of self-discipline, and Christ as a model for strength. Readers begin preparing their environment for change before rising to daily challenges designed to fortify them in the fight against their addiction. After the program, which can be completed in as little as 28 days, readers emerge with a deep sense of strength and self-control that is crucial to conquering addiction. Freedom Fighters is hard hitting and full of short memorable points. It is a must read companion that complements conventional interventions and 12-step programs by healing and fortifying the participant.



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