



Your Sacred Self: Making the Decision to be Free

By Dr Wayne W Dyer

HarperCollins Publishers Inc, United States, 2013. Paperback. Book Condition: New. 201 x 135 mm. Language: English . Brand New Book. The bestselling author of Your Erroneous Zones, Pulling Your Own Strings, and Wisdom of the Ages combines psychological insights and guidelines for achieving spiritual fulfillment to present a three-step program designed to help readers look inside themselves to find a new sense of self-awareness and spiritual joy. Developing the sacred self, Wayne Dyer explains, brings an understanding of our place in the world and a sense of satisfaction in ourselves and others. In Your Sacred Self, Dyer offers a program that helps listeners establish a spiritually-oriented, rather than an ego-oriented, approach to life. Step by step, Dyer shows us how to progress from emotional awareness to psychological insight to spiritual alternatives in order to change our experience of life from the need to acquire to a sense of abundance; from a sense of one s self as sinful and inferior to a sense of one s self as divine; from a need to achieve and acquire to an awareness that detachment and letting go bring freedom. Your Sacred Self is an inspiring, hopeful, illuminating guide that can help everyone live...



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