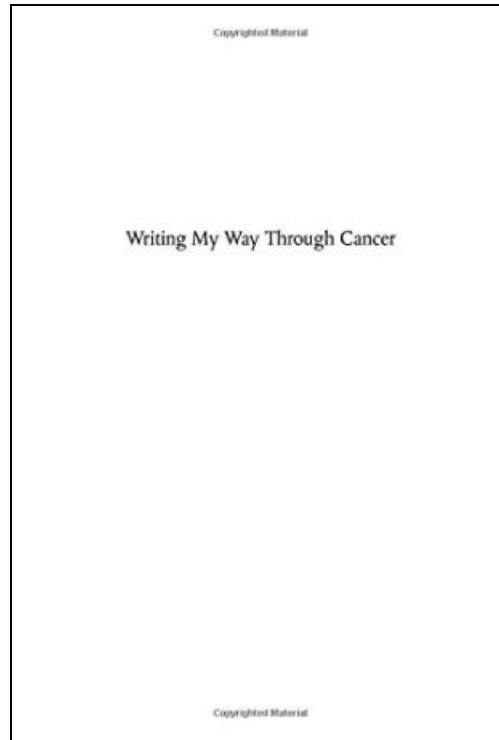


Writing My Way Through Cancer (Paperback)



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Reviews

A whole new eBook with a new standpoint. Better then never, though i am quite late in start reading this one. I discovered this publication from my i and dad advised this publication to discover.

(Meredith Hoppe)

WRITING MY WAY THROUGH CANCER (PAPERBACK)



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JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2003. Paperback. Condition: New. Language: English . Brand New Book. In this highly readable book about a personal way of dealing with potentially life-threatening illness, we follow author, broadcaster and acclaimed poet Myra Schneider through her journey from diagnosis to recovery from breast cancer. One of the book s special gifts is to make us feel we are engaged in an absorbing conversation with a friend, a friend who is full of courage, sensitivity and hope, but manages at the same time to be completely honest about the terror, anger and times of darkness that such a diagnosis brings. - Caduceus Although, as its title suggests, this book concentrates on writing for cancer sufferers, its advice is equally valid for people suffering from other problems, whether physical, emotional or practical. It shows the empowering effect of writing; how it can help to make sense when the world chaotic; how it can keep you focused when your life is falling apart. This is an inspiring read, made so by the author s frankness, warmth and honesty, which breathe through the pages. - Writing Magazine Reading someone else s journal is so engaging; When that person is a poet and has experienced a life threatening illness, the reading becomes inspiring. Myra Schneider is not only a poet and author but also a teacher. Her guide lines for therapeutic writing are clear and had me reaching for a pen. It would be a very valuable book for most clients who have been, or are going through, illness or any difficult experience, to try the visualisations and writing ideas. These, and the whole book, would be extremely useful for therapists working in any setting. Buy it! - HCPJ Myra, an established poet and author of a handbook on writing...



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