



## Visual Magick: A Manual of Freestyle Shamanism (2nd Revised edition)

By Jan Fries

Mandrake of Oxford. Paperback. Book Condition: new. BRAND NEW, Visual Magick: A Manual of Freestyle Shamanism (2nd Revised edition), Jan Fries, This is a manual of freestyle shamanism. The book aims to develop vision and imagination. It builds on the inspiration of such figures as Austin Spare and Aleister Crowley and stresses the need to develop one's unique magical way. It shows how magicians, witches, artists and therapists can improve their visionary abilities and strengthen the imagination. Activate the inner sense, and discover new modes of trance awareness. The emphasis is on direct experience. The book asks the reader to think, act, do and enjoy as s/he wills. The book began as a small treatise on sigil magick and automatic drawing and was circulated privately amongst occultists. It is especially suitable for practising mind explorers of the unorthodox variety. Both beginners and experienced magicians will find it inspirational and insightful. Jan Fries has a reputation amongst the magical community as a genuine adept. His articles and luminous artwork have graced many of the best magical journals.

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