



## Its Your Life

By Lisa Duggan

Michael Hanrahan Publishing. Paperback. Condition: New. 214 pages. Dimensions: 8.3in. x 5.8in. x 0.5in. Do you feel like you're on a daily treadmill? Are you questioning if this is your lot in life? Do you feel like you never get ahead financially, that you're struggling to make ends meet? Do you long for some me time? Do you know what you'd love to do in life but can't seem to make it happen? Financial Planner Lisa Duggan has seen these problems and frustrations time and again. In *Its Your Life*, Lisa will show you how to take control of your finances, to view money as an enabler, combining your individual values, what makes YOU tick, with your financial decision-making so that you understand the choices you have. This book encourages you to look at your WHY. *Its Your Life* examines in detail: the benefits to be achieved by taking control of your life and money; common mistakes people make with their money management; the importance of understanding your values and priorities; why you need to know your starting point; building a cheer squad to support you; the importance of commitment to a plan; protecting yourself; choices and tradeoffs we all face...

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