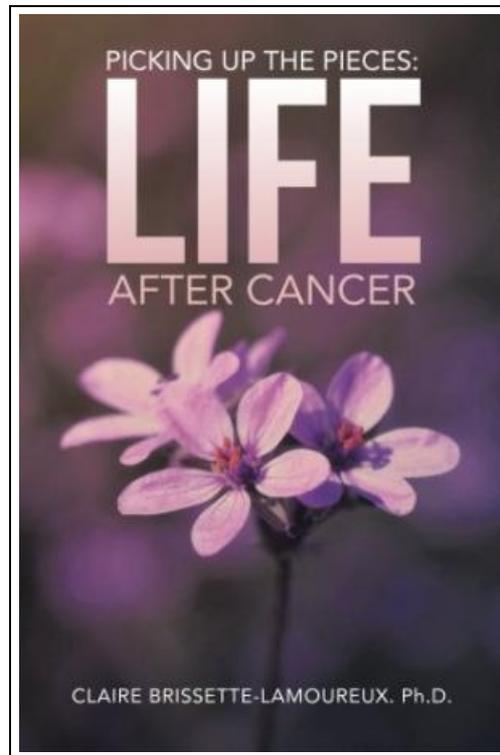


Picking Up the Pieces: Life After Cancer (Paperback)



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Reviews

This published publication is wonderful. Of course, it is actually engage in, still an interesting and amazing literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Vickie Wolff)

PICKING UP THE PIECES: LIFE AFTER CANCER (PAPERBACK)



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Balboa Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.One s journey through cancer does not end with the last treatment. Cancer affects patients and survivors not only physically, but emotionally and spiritually as well. Living through cancer impacts one s sense of self, one s energy level, and one s ability to move on. The cancer experience calls into question the meaning and purpose of life. It affects one s relationship with self, others, and God. Moving forward from the shock and trauma of cancer requires that survivors take time to address these inner dimensions of their cancer experience. This book does just that. It is a compelling personal journey through the many challenges faced by survivors as they attempt to reclaim their life after cancer. The author, a ten year cancer survivor, believes that facing and walking through the emotional and spiritual upheaval of the cancer experience can have a transforming effect on one s life. She describes her own process, focusing on the first two years after diagnosis---a time of intense fear, anxiety, uncertainty, and turmoil. Acknowledging, facing, and walking through this pain brought her to a place of greater emotional and spiritual freedom---to a richer quality of life. Although each story is unique, survivors live through similar emotional and spiritual struggles. Questions included at the end of each chapter invite the reader to reflect upon their personal journey as a way of working through whatever is preventing them from moving forward. This book is a must read for survivors living through the inner struggles surrounding their cancer experience and movement forward. It is a source of support for those feeling alone in their pain. It is a guide for those wishing to heal and grow emotionally and...



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