



## Green therapy Family Fitness-style series of - Family Fitness type (child health massage DIY)

By LI NAN SHENG

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 109 Publisher: Anhui People's Publishing House Pub. Date :2006-12-1. This book focuses on the characteristics of early childhood care and the role of massage. child massage and basic techniques commonly used acupuncture points. child head. arm. chest. back and waist. leg massage methods and common diseases of the symptomatic children the knowledge of massage therapy. Child massage can improve children's own immune system and anti-disease ability. and easy to operate. easy to learn. safe and reliable. no pain. no side effects. a significant effect. Parents. children learn to use massage techniques. can enhance the feelings between parent and child. but also prevent children from diseases and enhance children's physical fitness. to make it more healthy growth and development. Contents: massage is an overview of the rehabilitation of the power management massage massage effect on the human body range of indications for massage contraindications physiological and pathological characteristics of child care children children's physiological characteristics of the pathological features of young children massage techniques commonly used extrapolation method to get method by rubbing friction law Method allocation method...



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