



## The Active Text: Unlocking Plays Through Physical Theatre

By Dymphna Callery

Nick Hern Books. Paperback. Book Condition: new. BRAND NEW, The Active Text: Unlocking Plays Through Physical Theatre, Dymphna Callery, Many theatre practitioners think of physical theatre as one thing and text-based theatre as another. In this book, Dymphna Callery, author of *Through the Body: A practical guide to physical theatre*, shows how exercises and rehearsal techniques associated with physical and devised theatre can be applied to scripted plays. Working 'through the body' enables performers to discover what really makes a play work. Drawing on key practitioners, including Jacques Lecoq, Joan Littlewood, Peter Brook and Simon McBurney, *The Active Text* offers a complete approach to working with a scripted play, leading the reader through a process of active exploration and experimentation that includes: Uncovering a play's internal dynamics; Using improvisation and theatre games; Exploiting the languages of the body; Getting inside the words that are spoken (as well as those that are aren't!); Discovering image structures; Understanding the impact on the audience Throughout the book, the author draws on a core selection of well-known texts (from Sophocles and Shakespeare to Brecht, Arthur Miller, Steven Berkoff and Sarah Kane), showing how an active approach to text can challenge assumptions about even...



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