



## Instant Pot Cookbook: 130 Flavorous and Easy Recipes for You (Paperback)

By Shon Brooks

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Instant pot is a programmable electric pressure cooker with much extra functionality. It is a multifunctional programmable kitchen appliance. It does the work of 7 appliances, including a pressure cooker, a slow cooker, a steamer, a porridge maker or rice cooker, a yogurt maker a saute pan, and a keep-warm pot The benefits of an Instant Pot Convenience 8 functional keys of instant pot come handy for most common cooking tasks. With a delay timer (of up to 24 hrs), it reduces cooking time by as much as 70 . Preserves nutrition value with taste Instant Pot s smart pressure cooking functions preserve the nutrition in the foods and also bring out the natural taste of foods. As food is cooked in a completely sealed environment, aroma and nutrients stay in food instead of being scattered around. Energy efficiency It saves as much as 70 of energy in comparison to other appliances(like steamer, oven etc.) as food cooks quickly under high temperature with less energy consumption. Pleasant and clean cooking experience With multi-function Instant Pot, cooking experience will become so pleasant...



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