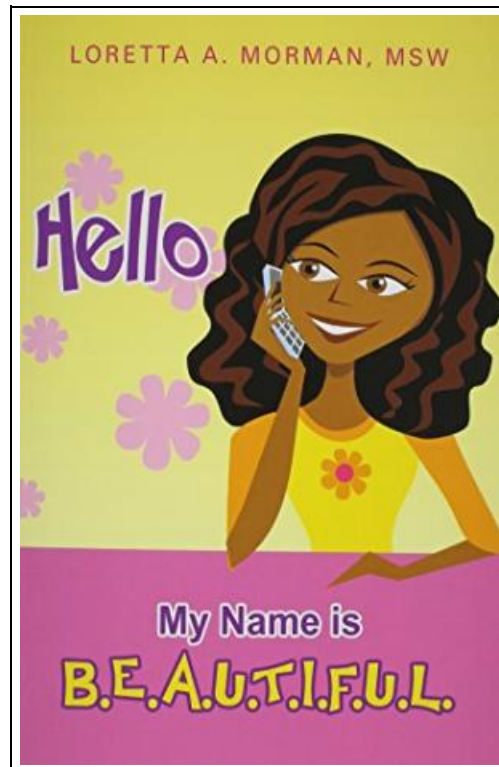


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Xulon Press, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.For all that we talk about self-confidence and self-acceptance, insecurity never really seems to go away, does it? Well, it can. In this book therapist and etiquette teacher Loretta A. Morman shares with you her insight on how to overcome misconceptions many girls of color have about their own selves. Various messages reach us from marketing and advertising companies, through different forms of entertainment, mainstream culture and even our own family and friends. However, those messages aren't always true or right. There are ways to take care of yourself with love and devotion, habits and perspectives that will take you to new places of validation and esteem, ones you never thought you would reach. Morman will tell you what God's word says about beauty and give you practical advice on how to be the best version of yourself-which is the most beautiful thing of all. A graduate of Michigan State University (B.A. in psychology) and University of Chicago (M.A. in Social Service Administration), Loretta has definitely prepared herself educationally to gain the proper training to fulfill what she believes she has been called to do.help motivate young people to live beyond the boundaries of their cultures and exceed the limits of their environments. Loretta is an advocate for young girls in gaining a healthy and wholesome sense of self-worth and self-esteem. Due to her passion for young girls, Loretta has taught various charm and etiquette classes. Loretta's passion for the performing arts, and love for young people have been the leading factors in her desire of establishing her own business, Life Beyond the Norm LLC. Loretta's overall mission is to please God and to always be true to herself while...



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