



Como crecer cuando ya has crecido

By O'connor, Dra. Nancy

SIRIO EDITORIAL, 2010. Condition: Nuevo. No tengas miedo a crecer! Cómo crecer cuando ya has crecido es la guía perfecta para todo aquél que desee evolucionar como ser humano, dejando atrás los complejos, la mediocridad y las frustraciones infantiles a fin de llegar a ser la persona adulta que todos deseáramos: desbordante de carisma, de paz interior, de bondad innata y de sabiduría. Una persona cuya compañía es siempre placentera y que sirve de ejemplo e inspiración para todos los que le rodean. La doctora Nancy O'Connor es psicóloga clínica, autora del libro Déjalos ir con amor: el proceso del duelo y directora de La Mariposa Counseling Services y del Grief and Loss Center de Tucson, Arizona.



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