



Best of Irish Meat Recipes

By Biddu White Lennon

O'Brien Press Ltd, Ireland, 2006. Paperback. Book Condition: New. Anne O'Hara, Tim Stampton (illustrator). 190 x 129 mm. Language: English. Brand New Book. Meat has been central to Irish food culture for thousands of years. These fifty inspiring recipes feature beef, lamb, pork, poultry, game, and dishes using cured, spiced and smoked meats. There are traditional dishes such as Irish stew, Michaelmas roast goose, Bacon and cabbage; local specialities like Cork crubeens and Dingle pies. This title features recipes from leading Irish chefs that put a modern twist on traditional dishes: Roast loin of farmed boar stuffed with poitin-soaked prunes and black-pudding mash, Beef and oyster pies with stout, Air-dried Connemara lamb with wild Irish salad, Beef fillet baked in a turf crust, Roast haunch of venison with rowan jelly. It includes details of customs, folklore and Irish regional food traditions that provide a fascinating background to the recipes.

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