

Skygates of the Mind (Paperback)



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SKYGATES OF THE MIND (PAPERBACK)



Ivan Kos, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Intergenerational trauma and epigenetic research have discovered that trauma is passed between generations. The epigenetic inheritance theory holds that even environmental factors and your diet affects the genes of future generations. It does not matter where you start; it matters where you end up. I had my first conscious dream in 1973. It took over a year of research to find two references what that was; one in Tibetan Book of Bon and the other in Egyptian Book of Dead. Two sentences and that was it. Now you guys have literally hundreds of websites on the subject, dozens of books, thousands of articles, workshops, Dream machine, etc. I feel I can contribute, at least a bit, to this knowledge and expand its horizons. The term lucid dreaming represents a different orientation to the same experience; instead unconsciously dreams are experienced consciously. You know you are dreaming while in a dream world. OBE (out of body) and a Lucid Dream are the same. Just like you can dream you are awake, or have more than one body, so you can dream you OBE-d your physical or your dream body. More important than OBE is knowledge how to exit the Dream World and see what is beyond. Of course; many exercises can be performed during advanced Yogic Dreams. The beauty of it all is that Conscious Dreams and waking reality experiences both go to the same place; your memory. Users and addicts of external DMT, LSD, THC, and many other drugs, substitute fantasies and verbal discussions for concrete work. The fictional idea some guru is going to liberate us by some magic touch is an illusion that serves to satisfy the needs of people to...

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