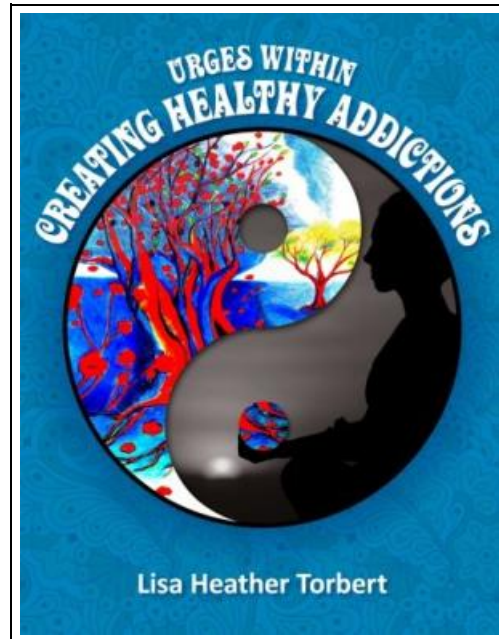


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This 326 page workbook includes FREE unlimited hypnosis with purchase. Take a journey through the land of addictions; where we disappear down our black rabbit hole, into the discovery of the bizarre.our life. We jump in, fall quickly, not thinking how deep we will fall or how we will climb out. We find ourselves struggling in front of our doors to recovery, keeping us locked inside our misery. We try different keys, unlocking doors that are too small to fit through, complicating our escape back to reality. We try potions that say drink me, poisons that say eat me, and keep us lost in a very strange world. Our self-esteem shrinks our soul and we drown in our pool of tears, splashing helplessly and feeling hopeless. We smoke from our hookah, because our caterpillar selves are afraid of who we are or maybe more afraid of who we may morph into. We sit at a very large table, punish and place ourselves on trial, letting our jury of friends and family, judge us and convict us. We swallow our anger and release our madness into our imaginary world. We are unable to explain ourselves because we are not ourselves. It s never too late to see through the looking glass as we sip our tea at a very different party. We take a one way ticket out of our psychedelic trip and turn our fantasy world into a reality. We march to the beat of a different drum, jazz up our life and stop playing the blues. Recovery starts to pluck at our heart strings; as we rewrite our songs and tune in to our lives. Our journey out of Wonderland leads...



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