



The Universal Healing Art of Jing-Qi-Shen (Paperback)

By Ven. Rinchen Chodak

Jing-Qi-Shen Foundation Press, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.An easy-to-use, complete guide to hands-on healing. The Universal Healing Art of Jing-Qi-Shen is based on ancient Chinese, Tibetan, and Ayurvedic practices which aim to balance the body's energy centers by use of specific hands-on healing and energy medicine techniques. With step-by-step instructions, exercises, line drawings, and treatment protocols for over 50 common ailments, this complete guide to healing can provide you with everything you need to help yourself and others towards health and wholeness. Topics include: # Theory of Energy Healing # Sensing the Energy Field # Qi Breathing # Cleansing the Auric Field # Balancing the Chakra # Intuitive Body Scanning # The Meridian System # How to Draw and Send Healing Qi # Becoming a Jing-Qi-Shen Practitioner For more information on Jing-Qi-Shen contact the Jing-Qi-Shen Foundation at.

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