



When Children Refuse School: A Cognitive-Behavioral Therapy Approach Parent Workbook

By Anne Marie Albano

Oxford University Press, USA. Paperback. Condition: New. This item is printed on demand. 216 pages. School refusal behavior is a common and difficult problem facing parents of children and teenagers. The behavior can have severe consequences by contributing to a child's academic, social, and psychological problems. A child's absence from school can also significantly increase family conflict. If your child experiences anxiety or noncompliance about attending school and has trouble remaining in classes for an entire day, this workbook, and the corresponding Therapist Guide, can help. This Parent Workbook is designed to help you work with a qualified therapist to resolve your child's school refusal behavior. The Workbook outlines four possible treatment procedures that may be prescribed by a therapist, depending on your child's reasons for refusing school. Scientific evidence has shown these programs to be highly effective in treating youth 5-17 years old who exhibit school refusal behavior. Regardless of whether your child refuses school to relieve school-related distress, to avoid negative social situations at school, to receive attention from you or another family member, or to obtain tangible rewards outside of school, the flexible treatments described in this book will help you and your child overcome school refusal...



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Basically no phrases to clarify. It really is really fascinating through reading time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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