



The Broken Mirror: Understanding and Treating Body Dysmorphic Disorder (Paperback)

By Katharine A. Phillips

Oxford University Press Inc, United States, 2005. Paperback. Condition: New. Revised edition. Language: English . Brand New Book. Jane is an attractive woman in her mid-thirties, tall, thin and stately. She believes she is breathtakingly ugly. Tormented by what she sees as her huge nose, crooked lip, big jaw, fat buttocks, and tiny breasts, she hasn't left her house in six years. Though she lives in the same house as her mother, she once went two years without seeing her. When relatives come over, she avoids them, hiding in her room, even on Thanksgiving. The one time she left the house - forced to see a doctor - she covered her face with bandages. Eventually, she attempted suicide. I can't imagine any suffering greater than this, she said. If I had my choice, I'd rather be blind or have my arm cut off. I'd be happy to have cancer. Jane has body dysmorphic disorder, or BDD. In this revised and expanded edition of The Broken Mirror, Dr Katherine Phillips draws on years of scientific research, clinical practice, and detailed interviews with patients to bring readers an updated and expanded book on this troubling and sometimes debilitating...

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