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Asperger's Syndrome Workplace Survival Guide: A Neurotypical's Secrets for Success

By Barbara Bissonnette. Foreword by Yvona Fast

Jessica Kingsley Publishers, Inc, 2013. Softcover. Book Condition: New. The workplace can be a difficult environment for people with Asperger's syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers. Barbara Bissonnette is a certified coach and the principal of Forward Motion Coaching. She specializes in career development coaching for adults with Asperger's syndrome and non-verbal learning disorder. She also provides training and consultation to employers. In addition to first-hand experience hiring and managing people...



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