



## Time Line Therapy and the Basis of Personality (Paperback)

By Tad James, Wyatt Woodsmall

Crown House Publishing, United Kingdom, 2017. Paperback. Condition: New. New edition. Language: English . Brand New Book. Time Line Therapy and the Basis of Personality is a compelling study of the important elements that make up a person s core personality, and a detailed exploration of - and introduction to - how Time Line therapy works in practice. Written by Tad James and Wyatt Woodsmall, Time Line Therapy and the Basis of Personality is a compelling study of the important elements that make up a person s core personality, and a detailed exploration of - and introduction to - how Time Line therapy works in practice. Utilizing discoveries made by Richard Bandler, Time Line Therapy and the Basis of Personality expands and updates our knowledge of how people actually store their memories, and sheds light on the effect that the system used for memory storage has on the individual. The authors contend that the concept of Time Line, or the notion of time that you have stored in your mind, shapes and structures your experience of the world, and therefore shapes your personality. Time Line therapy is therefore based on the premise that the client goes back to the first...

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