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## Anti-Inflammatory Oxygen Therapy: Your Complete Guide to Understanding and Using Natural Oxygen Therapy (Paperback)

By Dr Mark Sircus

Square One Publishers, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. It is invisible, it is powerful, and it is life sustaining. It is oxygen. We inhale it every day of our lives, and while it makes up only 21 percent of the air we breathe, it is key to our very existence. The more we learn about its healing properties, the more we recognize its tremendous potential as a medical treatment for many serious disorders. Yet few have known about its important therapeutic uses--until now. In his new book, Anti-Inflammatory Oxygen Therapy, best-selling author Dr. Mark Sircus examines the remarkable benefits oxygen therapy offers, from detoxification to treatments for disorders such as arthritis and aging, with a special emphasis on cancer. While the term oxygen therapy conjures images of a crucially ill patient lying in a hospital bed with tubes strapped to his face, this book will show that oxygen can offer so much more. Dr. Sircus first looks at the nature of oxygen and its purpose in the body. He then provides an understanding of how inflammation works to destroy the body's tissues over time, and how oxygen can reverse this process. He...



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