



Less > More: The Ultimate Guide to Minimalist Living, Declutter Your Life for Happiness, Health and Organization (Paperback)

By Joseph Neil

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Do you find yourself often unhappy or unorganized? Do you collect material possessions? Do you wish there was an easy way to declutter your life? Are you looking for a peaceful, happy life in which you have plenty of time to spend with the people you love doing the things you love? If you answered yes to any of the above then Less > More is a must read. Here s what Less > More contains: The fundamental principles of minimalism The art of limit setting An explanation of the minimalist method of prioritization How to focus Habits and benefits of the minimalist How to start your minimalist lifestyle today How to apply minimalism to your personal goals Minimalism at home Minimalism in the workplace Minimalist eating This book contains literally everything you need to know about minimalism, you re about to learn everything you need to know to live simpler, happier and more organized. Put an end to the clutter and unhappiness in your life today. Join the growing trend of minimalism.



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Reviews

This book is really gripping and interesting. Of course, it is actually perform, still an interesting and amazing literature. You will not truly feel monotony at whenever you want of your time (that's what catalogues are for concerning when you request me).

-- **Claud Schaden**

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Dr. Hermann Marvin PhD**